"Have you realized that most of your unhappiness in life is due to the fact that you are listening to yourself instead of talking to yourself? Take those thoughts that come to you the moment you wake up in the morning. You have not originated them, but they start talking to you, they bring back the problems of yesterday, etc.... The main art in the matter of spiritual living is to know how to handle yourself. You have to take yourself in hand, you have to address yourself, preach to yourself, question yourself."

D. Martyn Lloyd-Jones, Spiritual Depression: Its Causes and Cure

"No one is more influential in your life than you are. Because no one talks to you more than you do... What captures your idle thoughts? What fear seeps into your spare moments? Fight back with the gospel."

Paul Tripp

ASCENSION PRESBYTERIAN CHURCH

PUBLIC WORSHIP • AUGUST 19, 2018



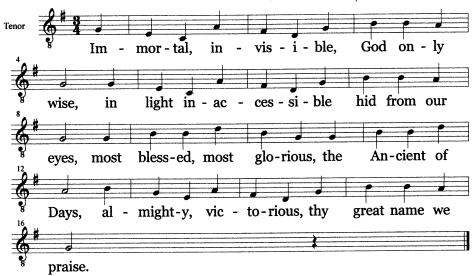
CALL TO WORSHIP • Psalm 150:1-2, 6

Praise the LORD! Praise God in his sanctuary; praise him in his mighty heavens! Praise him for his mighty deeds; praise him according to his excellent greatness!

Let everything that has breath praise the LORD! Praise the LORD!

Immortal, Invisible

Text: Walter Chalmers Smith • Music: St. Denio, Welsh Melody • Public Domain



Unresting, unhasting and silent as light, nor wanting, nor wasting, thou rulest in might; thy justice like mountains high soaring above thy clouds which are fountains of goodness and love.

Great Father of glory, pure Father of light, thine angels adore thee, all veiling their sight; all praise we would render; O help us to see 'tis only the splendor of light hideth thee!

PRAYER OF INVOCATION

He is risen! *He is risen indeed!* Let us pray...

CALL TO CONFESSION OF SIN • Jeremiah 2:12-13

"Be appalled, O heavens, at this; be shocked, be utterly desolate, declares the LORD, for my people have committed two evils: they have forsaken me,

the fountain of living waters, and hewed out cisterns for themselves, broken cisterns that can hold no water."

CONFESSION OF SIN

Fountain of Living Waters, you give to all mankind life and breath and everything. But we have refused to honor you or give you thanks. We stubbornly pretend that we don't need you, that we can help ourselves. We actively resist your presence and will in our lives. We thoughtlessly ignore you, which may be the worst slight of all. Yet you remain a God of light and life and love, and, in your grace, you have invaded this world to save us from ourselves. Your presence and will, as seen in Jesus, is better than our autonomy. We are sorry for our foolish rebellion. Please forgive us, and fix our eyes on Christ, who came to seek and save the lost, in whose name we pray. Amen.

(Silent confession)

ASSURANCE OF FORGIVENESS • Jeremiah 3:22a

"Return, O faithless sons; I will heal your faithlessness."

May the peace of Christ be with you. *And also with you!*

OFFERING • Psalm 96:8

Ascribe to the LORD the glory due his name; bring an offering, and come into his courts!

DOXOLOGY

Praise God, from whom all blessings flow! Praise him, all creatures here below! Praise him above, ye heavenly host! Praise Father, Son, and Holy Ghost! Amen.

NEW TESTAMENT READING • 1 Corinthians 15:1-11

The Word of the Lord. *Thanks be to God!*

PRAYERS OF THE PEOPLE

The Lord be with you. And also with you. Let us pray...

Our Lord Jesus Christ, you came into the world to reign in justice as our King: Cause our President and Congress to love justice and mercy. Help our Mayor and City Council to increase the peace of the city.

Our Lord Jesus Christ, you came into the world to destroy the works of the devil: *Restrain the wickedness in our city by your Law. Destroy the wickedness in our own hearts by your Spirit. Protect us from the temptations, deceit and accusations of the devil.*

Our Lord Jesus Christ, you came into the world to bring us peace with God:

Bring peace between nations in Your world; help Ascension to live in your peace together; come again soon to fully establish your peace on earth.

Our Lord Jesus Christ, you came into the world to seek and save that which was lost:

Show mercy to our friends who do not yet know you; deepen our faith in the Gospel of grace.

Our Lord Jesus Christ, you came into the world to destroy death and to bring life and immortality to light through the gospel:

Comfort those who are suffering in grief, in poverty, in sickness, in injustice.

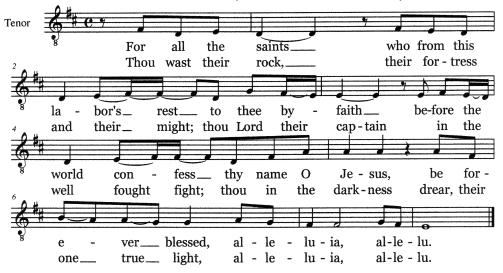
Our Lord Jesus Christ, you came into the world to sympathize with our weaknesses: *Please hear us as we bring you our specific requests*. (Silent prayer)

Our Lord Jesus Christ, we pray now in the words you taught us:

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory forever. Amen.

For All The Saints

Text: William H. How • Music: Christopher Miner • ©1998 Christopher Miner



O may thy soldiers faithful, true, and bold, fight as the saints who nobly fought of old, and win with them the victor's crown of gold. Alleluia, Alelu...

The golden evening brightens in the west; soon, soon to faithful warriors comes their rest; sweet is the calm of paradise the blest, Alleluia, Alelu...

From earth's wide bounds, from ocean's farthest coast, through gates of pearl streams in the countless host, singing to Father, Son, and Holy Ghost: Aleluia, Aleluia, Aleluia, Aleluia.

May Jesus Christ Be Praised

Text: Common Book of Prayer • Music: Benjamin Wilkinson • Used by Permission

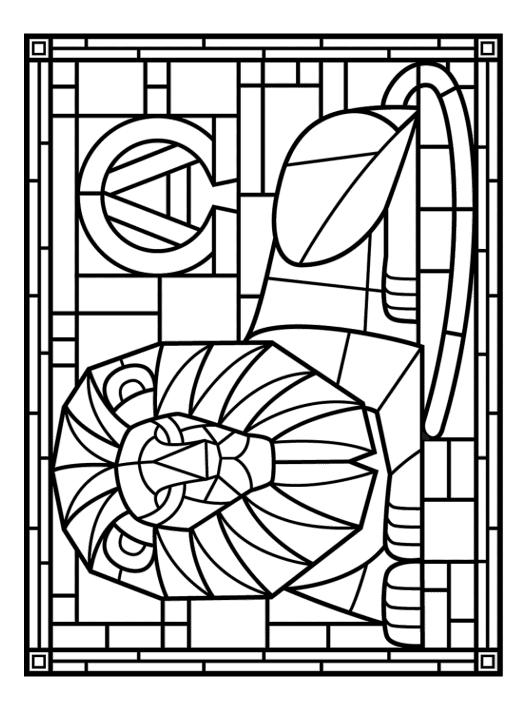
Tenor When morn-ing gilds the skies,__ my When sleep her de nies,_ my peace cries; ____ work A - like at and heart a - wake-ing prayer, When ev-il thoughts mo si - lent spi-rit sighs; lest,_ May Christ Ι on cast my cares;___ I breast: May with this shield my praised! Mav Je-sus Christ be Je-sus Christ be praised! Christ be praised! Christ be praised! May Je-sus Je-sus To God, the Word, on high,_ the bliss,___ the In Heav'n's ter nal е May Je-sus Christ be praised! host of an - gels cry.____ love-liest is this!. strain Christ praised! My May Je - sus be Je-sus Christ be praised!_ God, the Sav-ior reigns! Mav

Does sadness fill my mind? A solace here I find; Or fades my earthly bliss? My comfort still is this: May Jesus Christ be praised! May Jesus Christ be praised! Be this, while life is mine, my love, my song divine: May Jesus Christ be praised! May Jesus Christ be praised! My God, the Savior, reigns! May Jesus Christ be praised!

OLD TESTAMENT READING • Psalm 103

1	Bless the LORD, O my soul, and all that is within me, bloss his boly name!
2	bless his holy name! Bless the LORD, O my soul,
3	and forget not all his benefits, who forgives all your iniquity, who heals all your diseases,
4	who redeems your life from the pit, who crowns you with steadfast love and mercy,
5	who satisfies you with good so that your youth is renewed like the eagle's.
6	The LORD works righteousness and justice for all who are oppressed.
7	He made known his ways to Moses, his acts to the people of Israel.
8	The LORD is merciful and gracious,
9	slow to anger and abounding in steadfast love. He will not always chide,
10	nor will he keep his anger forever. He does not deal with us according to our sins,
11	nor repay us according to our iniquities. For as high as the heavens are above the earth,
12	so great is his steadfast love toward those who fear him; as far as the east is from the west,
13	so far does he remove our transgressions from us. As a father shows compassion to his children, so the LORD shows compassion to those who fear him.
14	For he knows our frame; he remembers that we are dust.
15	As for man, his days are like grass; he flourishes like a flower of the field;
16	for the wind passes over it, and it is gone, and its place knows it no more.
17	But the steadfast love of the LORD is from everlasting to everlasting on those who fear him,
18	and his righteousness to children's children, to those who keep his covenant
19	and remember to do his commandments. The LORD has established his throne in the heavens,
	and his kingdom rules over all.
20	Bless the LORD, O you his angels, you mighty ones who do his word, obeying the voice of his word!
21	Bless the LORD, all his hosts, his ministers, who do his will!
22	Bless the LORD, all his works, in all places of his dominion.
The	Bless the LORD, O my soul! Word of the Lord.
Thanks be to God!	

SERMON • "Preach The Gospel To Yourself" (Rev. Charlie Shaw)





CONFESSION OF FAITH • The Apostles' Creed

What do you believe?

I believe in God, the Father Almighty, Maker of heaven and earth.

And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell.* The third day he rose again from the dead. He ascended into heaven, and is seated at the right hand of God the Father Almighty. From there he shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic⁺ church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PASSING OF THE PEACE • Colossians 3:15

Let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

(Greet one another with the words, "The peace of Christ be with you.")

INVITATION TO THE LORD'S TABLE AND PRAYER

WORDS OF INSTITUTION • 1 Corinthians 11:23-26

THE MYSTERIUM FIDEI • 1 Corinthians 11:26; 5:7-8

Let us proclaim the mystery of faith. Christ has died. Christ is risen. Christ will come again. Christ our Passover is sacrificed for us. Therefore let us keep the feast.

The gifts of God for the people of God.

GIVING OF THE BREAD AND CUP

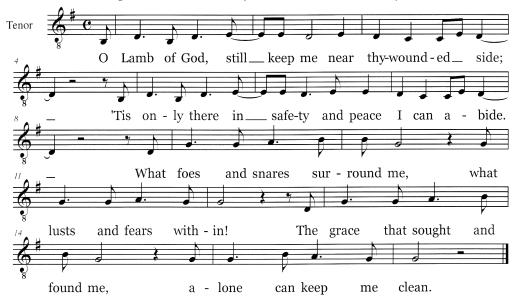
(All who confess faith in Jesus Christ may partake of this Sacrament: baptized members of a congregation that proclaims the Gospel, who are at peace with God and with their brothers and sisters in Christ, and who seek God's grace to live more faithfully for him in this world. Please come forward after the musicians. The glasses on your right contain grape juice for those who do not want wine. There are gluten-free crackers on the table. An Elder is available for prayer upon request [James 5:13-16].)

^{*} When the Creed states that Jesus "descended into hell," we understand it to mean that he suffered the holy wrath of God for the sins of his people.

⁺ Or, "universal."

O Lamb Of God, Still Keep Me

Text: James George Deck • Music: Benjamin Wilkinson • Used by Permission



'Tis only in thee hiding, I feel myself secure; 'tis only in thee abiding, the conflict can endure; thine arm the victory gaineth, o'er every hateful foe; thy love my heart sustaineth in all its cares and woes.

Soon shall my eyes behold thee with rapture, face to face; one half hath not been told me of all thy pow'r and grace: thy beauty, Lord, and glory, the wonders of thy love, shall be the endless story of all the saints above.

The Lamb Has Overcome

Music and Lyrics: Luke Morton • ©2011 Cardiphonia Music



The table now is spread, the table now is spread; the wine and bread, broken body and blood shed, the table now is spread. The day is drawing near, the day is drawing near; he shall appear and wipe away each tear, the day is drawing near!

Worthy is the Lamb who was slain, glory be unto his name! Worthy is the Lamb who was slain, glory be unto his name! (Repeat Chorus)

BENEDICTION • Revelation 1:4-5

Grace to you and peace from him who is and who was and who is to come, and from the seven spirits who are before his throne, and from Jesus Christ the faithful witness, the firstborn of the dead, and the ruler of kings on earth.

Please welcome Rev. Charlie Shaw, Assistant Pastor at Oaks Parish, our sister church plant in Portland. Having grown up in Memphis, TN, Charlie and his wife, Bekah, moved to Portland in 2011 with a desire to be a part of what God was doing in planting churches in the the Northwest. He and Bekah have an American Pit Bull Terrier named Lily. He likes to play guitar, read, and make people laugh. He has a B.A. from the University of Memphis and a M.A.B.T.S. from Western Seminary.

Remember: every gathering is an opportunity to invite friends, to introduce others to the Christ-centered community and life of the church! For information about our regular meetings like home groups, bible studies for men and women, and more, please visit **ascensionpc.org/calendar**.

After Worship • Please stay a while and join us for coffee and conversation! We take a break from Sunday School and Sermon Discussion for the summer. (If you're interested in being a teacher next year, please contact Joe Pope: pope.joe@gmail.com.)

Refreshments Volunteers • Bringing refreshments to share at church is a great way to practice hospitality. Ideally, each Sunday we have two volunteers: one bringing snacks for the children, the other bringing something for the adults. Contact: Nicole Hamilton (neh.hamilton@gmail.com)

Today: Jaques / _____

Next week: ____ / ____

Nursery Volunteers • Can you play with young children and help their parents once every 6-8 weeks? Join the nursery rotation! Contact: Rainy Aznoe (rainyrr@aol.com).

Today: Elliott Next week: Aznoe



Worship at 10am Sundays • SE 12th & Walnut, Hillsboro ascensionpc.org • facebook.com/ascensionpc • twitter.com/ascensionpc

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(Please fill out this contact card, tear it off, and drop it in the offering.)

Name(s)

[] I am a visitor.

- [] I want to know more about being a Christian.
 - [] I would like to get coffee with the Pastor.
- [] Please send me the email newsletter.
- [] Please use this info for the photo directory.

Email / Phone